

# Are you a parent/carer of a year 10 pupil? Not sure how to help them make decisions about their work experience?

- There is guidance for you on the Parental Guidance website which you can find here [www.parentalguidance.org.uk](http://www.parentalguidance.org.uk)
- These sections will give you the information you might need to help guide your young person:
- [www.parentalguidance.org.uk/gaining-skills-experience/the-importance-of-work-experience](http://www.parentalguidance.org.uk/gaining-skills-experience/the-importance-of-work-experience)
- [www.parentalguidance.org.uk/gaining-skills-experience/10-top-tips-to-finding-meaningful-work-experience](http://www.parentalguidance.org.uk/gaining-skills-experience/10-top-tips-to-finding-meaningful-work-experience)
- [www.parentalguidance.org.uk/applications-interviews/how-to-complete-job-application-forms](http://www.parentalguidance.org.uk/applications-interviews/how-to-complete-job-application-forms)