

21-22 PSHE Long Term Plan

Year 7	HT1 Intro to RE & Morals - The Island	HT2 Healthy lifestyles	HT3 Christianity	HT4 Careers & Intro to Money	HT5 Citizenship Skills	HT6 Multicultural Society
Life Lesson	What is the island? Why are Rites of Passage important? Why are laws important in a society? Why is it important to celebrate events together as a community? How can the history of a place help shape future societies? How our time on the island developed our understanding of religions and cultures?	What is a healthy Lifestyle, Our health - diet, exercise, sleep & Hygiene, Healthy foods and impact on physical & mental health,, Dealing with Stress & Anxiety, emotional wellbeing & mindfulness, Drug awareness, Cannabis & legal high	What is Christianity? What is the day to day life of a Christian like? Is there a Christian community in the surrounding areas? How do Christians express their beliefs? What is the Christian origin theory? Has Christianity ever collaborated with other religions? What are the Christian rite of passage?	Employability skills and me, career journeys and pathways, Challenging Gender stereotypes, career research, managing money	Self-identity, My Family, British Citizen, Bullying or Banter, Racism	What role does prejudice and discrimination play in multiculturalism? How multicultural are we? How did Britain become so multicultural? How can we embrace multiculturalism? What makes us, us? How can we be global citizens?
Form time	Success and Rules	Anger management	British values - Personal Identity & diversity	healthy Living	Respect Relationships & Bullying	Aspiration
Year 8	HT1 Animal Rights	HT2 Health & Drug awareness	HT3 Islam	HT4 Careers & money Mangement	HT5 Personal Safety & Global Citizens	HT6 Democracy & Dissent
Knowledge	What is the difference between animals and humans? What rights do animals have? Should animals be tested on and used by humans? How are animals treated around the world? What protection is available to animals and how can we help them?	Emotional Wellbeing, Areas of wellbeing, Depression, Drugs & the law, Rights & responsibilities, Smoking and vaping	Attributes of Allah The importance of the Tawhid and how it permeates all thought and practice. Key Figures: Muhammad (pbuh) the final prophet: Twenty-five Prophets (peace be upon them) mentioned in Quran: Khalifa. Sacred writings Qur'an and Hadith. Way of life: Shar'ah, Islamic culture., Key festivals, ramadam, Eid Ul Fitr, Place of worship	Opportunities & you, LMI, My skills and qualities, managing and budgeting, different financial products, savings, loans and interest rates	Personal safety, & first aid, CPR, British values - Tolerance, global citizens - what does this mean, prejudice & discrimination - teens	What is democracy? How has it changed over time? How does the role of the monarch change? How did workers gain rights? How can workers stand up for their rights? How did women get the vote? What impact does the press have on democracy?
Form time	Communication & teamwork	Emotional Literacy - self awareness	LGBTQ+ - Homophobia	Stereotypes	Respect Relationships & Bullying	Self Awareness - Emotional Literacy
Year 9	HT1 Judaism - the basics	HT2 Healthy Living	HT3 Politics & participation	HT4 Careers & Finance	HT5 Citizenship & wider life	HT6 Buddhism
Knowledge	What is Judaism? What are the basic principles and origins? Where are the places of worship? What is the day to day life like? What are their special festivals? What are the major differences to other religions	Self harm, Emotional health & resilience, Peer pressure, Alcohol awareness, drug and the law education, gambling	Monarchy and powers, voting systems and political parties, Government funding, Local government, UK and Devolution, How does politics affect me	Decisions! Career pioneers, future ready, rights & responsibilities, savings and loans, ethical finance, pay day loans	Extremism, radicalisation, sustainability, FGM, Selfies - internet safety	What is Buddhism? What are the basic principles and origins? Where are the places of worship? What is the day to day life of a Buddhist like? What are their special festivals? What are the major differences to other religions
Form time	Growth Mindset	Dealing with Stress	LGBTQ+	Personal development - Self-discipline	County Lines	Consent
Year 10	HT1 Judaism	HT2 Prevent	HT3 Politics & Community	HT4 Careers	HT5 Mental health	HT6 Citizenship - Crime and Criminality
Knowledge	Recap + Sources of authority, revelation, life after death, festivals, pilgrimage, rites of passage	Anti-social behaviour, Crime, gangs and county lines, Harassment and stalking, Extremists, Hate crimes	Parliamentary democracy and the key elements of the constitution of the United Kingdom. The different ways in which a citizen can contribute to the improvement of his or her community, the different electoral systems used in and beyond the United Kingdom	Future Ready: The right Career for me, What are employers looking for? Preparing for work experience, Rights and responsibilities in the work place	Managing grief and bereavement. Why do people commit suicide. Managing Social Anxiety, Social Media and Self Esteem, Screen time, British Values	Why do people commit crime? What is Civil law, Is committing a crime ever right?, What is a criminal? How does our justice system work?
Form time	Healthy lifestyles	YPSI (Youth Produced Sexual Images)	Respect, Relationships & Bullying	Stereotypes	Resilience & Wellbeing	Goal and target setting
Year 11	HT1	HT2	HT3	HT4	HT5	
Knowledge	<p>*** All Year 11 complete GCSE RE (see separate SoW) Students have form time PSHE and take part in step up days to cover the requirements.</p> <p>We do the beliefs, teaching and practices of Christianity and Hinduism</p> <p>Comp 2: The themes - A: Relationships & Families, B: Religion & Life, D: Religion, peace & conflict, E: Religion, Crime and Punishment"</p>					Comp 1:
Form time	Healthy lifestyles & INTERVENTION	Digital Life and your future & INTERVENTION	Respect, Relationships & Bullying & INTERVENTION	Resilience & Emotional Wellbeing & INTERVENTION		

RSE Education is delivered through some Science units, some of the PSHE units above and through Big Talk
<https://www.bigtalkeducation.co.uk/>