



Huntcliff School
Striving for Excellence

Parent Welcome Guide



Schools: 0800 655 6564
Groups: 0800 288 9990
kingswood.co.uk

Over 35 years' of
inspiring adventures

Trip Details

Friday 7th July - Sunday 9th July

Staff Attending:

- Mrs E Green
- Mr A Edwards
- Miss K Mercier
- Mrs Swinburne
- Mrs K Ashwood

Contact details:

- School mobile 07753 496 037
- Centre: 0800 655 6564

Address:

Kingswood - Dearne Valley, Denaby Main,, Doncaster DN12 4EA

Departure:

Students should arrive to school normal time in clothing ready for Kingswood on Friday 7th. We will leave site at 1pm

Return:

We aim to be back on site for between 1.45-2.00pm Sunday 9th July



Why Kingswood?

There is no better way to help a child than to inspire them, and an unforgettable residential trip can do just that. It can offer a wonderful opportunity to open minds and nurture potential, to teach life skills, build confidence and create a better understanding of the world. Spending time away from home can also offer young people a chance to embrace adventure and take calculated risks, face new challenges, build self-esteem and make life-long friends along the way.

At Kingswood this is exactly what we do. Working closely alongside schools and groups from across the country we have developed an enriching range of programmes which help young people to develop and grow as individuals.

Aiming to both challenge and inspire, our range of activity programmes put theory into practice, promoting resilience and perseverance and encouraging young people to take pride in their achievements, both individually and as part of a team.

Combining educational modules, challenging adventure activities and fun evening entertainment (with the added camaraderie of overnight stays and an experience shared), we offer an unforgettable life-changing adventure in a safe, controlled and nurturing environment. With each of our nine UK centres and our centre in France offering stunning locations, outstanding facilities and exceptional standards of care, safety and guidance from our friendly, highly trained team, we're confident that not only can we provide an amazing experience for your child, we can also offer complete peace of mind for you too. With 35 years' experience and over 165,000 visitors who join us every year, we're proud to deliver exceptional outdoor learning experiences and adventures and we look forward to welcoming your child to Kingswood soon.



What we do...

Whether your child is visiting us as part of a school residential or as part of an extracurricular adventure, all of our Kingswood experiences are designed to support a child's personal development and educational needs. Here's what we do...

Learning outside the classroom

We work closely with the Council for Learning Outside the Classroom and we believe that a residential should be seen as a fundamental part of a well-rounded education.

Home from Home

We provide three tasty hot nutritious meals a day and students sleep in comfortable dormitory style accommodation with bathrooms and a daily housekeeping check.

Cirriculum Links

We support schools in creating life chaning experiences that have a measurable impact back in school.

Safety Management

Our centres are regularly inspected and we work closely with outside experts to ensure we remain at the forefront of best practice.

High Quality Activities & Experiences

We offer a wide range of activities including challenging, high adrenaline and skill-based indoor and outdoor activities like zipwire, bushcraft, climbing and achery.

Fun, Which Comes as Standard

We regularly receive fantastic feedback from our guests about the fun and enjoyment that's been had on their residential. Over our 35 years of experience, we're delighted to have helped make lifelong memories, contributed to great stories and inspired a whole new generation of adventurers.

Growing Young People's Independence

From encouraging communication and teamwork skills, to making sure that every child remembers to make their bed while on a Kingswood residential – we ensure that our young people go home that little bit more grown up.

Learning Outcomes

We believe learning works best when it is fun and all of our activities are based around 3 learning outcomes which are embedded in all areas of our activity delivery.

CONFIDENCE!

LIFE SKILLS ⚙️

RESILIENCE ➡️



Peace of mind, safeguarding & wellbeing

Kingswood creates and maintains an inspiring and adventurous environment that allows us to have a positive impact on the lives of young people, whilst protecting them from harm.

Safety & Staff

- All Kingswood staff are vetted, inducted and trained to the highest levels.
- All staff complete a comprehensive induction programme that includes safeguarding training.
- Throughout their employment with Kingswood all staff are monitored to ensure compliance with our health and safety procedures.

All activities have rapid access to first aid trained staff and facilities

- Instructors are trained to recognise each individual child's own capabilities and teach to his/her individual level and pace.
- All staff wear identification badges and uniforms at all times, with all visitors and teachers required to wear a security badge.

Safety & Standards

- Every Kingswood centre is independently inspected by the British Activity Providers Association (BAPA).
- We also conduct rigorous internal health and safety audits.
- We operate comprehensive risk assessments on all activities.
- We are fully responsible for all emergency procedures, safety systems and security arrangements at each centre.

Safety & Supervision

- For most activities children are placed into groups of no more than 15.
- Our strict supervision policy ensures that children are always accompanied by Kingswood instructors. Between 9.00 pm and 9.00 am and at meal and break times they are supervised by their teachers. Teachers are in loco parentis throughout the visit.
- Kingswood campuses have secure and clearly defined boundaries. Some centres have CCTV in operation.
- Teacher and party leader rooms are situated close to their students.
- The Kingswood Duty Manager and first-aiders are on call 24 hours a day.

Safeguarding & Wellbeing

- We employ designated safeguarding trainers, and we have committed to having Designated Safeguarding Leads to provide 24 hour cover.
- We give all our employees, party leaders and site visitors badges so you can easily identify them. We adopt a 'challenge no badge' policy and all of our centres have a sign in/sign out process, plus coded gates with intercoms.
- We actively encourage young people to voice any concerns and to never be afraid to ask for help.



Packing Checklist

Please use the following checklist to help pack bags:

- ☐ One bath towel
- ☐ Toiletries bag containing: toothbrush, toothpaste, soap, hairbrush etc
- ☐ Night clothes
- ☐ Socks and underwear
- ☐ Four t-shirts, shirts, blouses (at least one with long-sleeves), sweatshirt (two in winter)
- ☐ One thick sweater plus one light sweater
- ☐ Three pairs of trousers and/or jeans and/or tracksuit bottoms
- ☐ Clothes for the evening activities
- ☐ Waterproof jacket (and trousers if you have them)
- ☐ Sturdy shoes or wellingtons (even in summer)
- ☐ Two pairs of trainers (one old pair)
- ☐ Large plastic bag for dirty clothes

- ☐ Water bottle
- ☐ Hat and sunscreen (in spring and summer)

- ☐ We recommend advising your young people to bring some money with them (no more than £10) in case they would like to make a purchase in our centre shop. Our shops sell snacks and drinks, as well as postcards, souvenirs, games and mementos.

*Please note that most activities require long sleeves.

Please do not bring

Mobile phones, expensive cameras, electronic games, iPods or MP3 players, expensive or much cherished jewellery, expensive favourite clothing or shoes. Kingswood can't accept liability for the loss, theft or damage of any personal property your child may bring.

Incase of lost property please put your child's name on all items of clothing!

If your child wishes to bring their phone for contact purposes, they are responsible for this. Kingswood and Huntcliff cannot accept liability for loss, theft or damage of any personal property

Mobile phones will NOT be allowed with them during the activities and should be left in their

Students with Medical Needs

For those students who have medical needs, please make sure you have provided us with information through MyEvolve, alternatively you can email egreen@huntcliffschool.co.uk

Any medicines that the students require must be in a bag/box, along with relevant instructions and clearly labelled with **student name**. This should be handed to a staff member on the day of the trip.

Students will seek out a staff member and medicines will be issued according to instructions.



Students with dietary requirements

For those students who have dietary requirements, please make sure you have provided us with information through MyEvolve, alternatively you can email egreen@huntcliffschool.co.uk

Kingswood provide 3 meals a day and have a wide range of foods to suit all needs. Any student with a specific requirement that has been identified will be catered for.

For more information about the food available, please see the FAQ section on the last page of this booklet and sample menu below

https://assets-global.website-files.com/620d33583b1d5d3a4049c7ed/63cfb362ef79b3674893985a_Kingswood%20Menus%202020%20for%20web.pdf

(Printed version at back of booklet)



Activities

Students will take part in a range of activities. We will encourage everyone to take part. However, in the case where a student becomes upset and does not want to participate they will not be forced to do so.

We will encourage and support them to take part, as this trip is about building self - esteem, confidence and feeling comfortable in being pushed outside their comfort zone in a safe environment

Here is a suggestion of the activities that students will be taking part in during their time at Kingswood

Buggy Building	Zip Line
Campfire in the evening	Team building activities
Bushcraft – shelter building	Archery
Problem solving activities	Abseiling
High Ropes	Mini Olympics



Student Conduct

Whilst we fully expect the trip to run smoothly and hope that everyone has a great time, we have also reminded students that any negative conduct during the trip will not be tolerated.

We still expect high expectations of our students and for them to choose the correct behaviour choices.

Any student who **persistently** fails to follow instructions of Kingswood or Huntcliff staff, and poses a risk to their own or others health and safety, parents will be notified.

Should the behaviours continue parents will be asked to collect their child. They will no longer be able to stay on the trip and refund will not be issued.

Home sickness – although away for a short period of time, should any student feel unsettled and not able to stay for the duration, parents will be contacted.



Contact and use of mobile phones

As stated on page 7 ideally mobile phones should remain at home. However, we are realistic and are aware that this is how we would expect students to keep in touch especially on departure day.

Students who wish to bring a phone may do so but under clear instructions of staff. *

Phones should **remain in their room** for the duration of the trip and **will not be allowed** during any activities

They will be able to **use their phones** on the coaches, and to make contact if needed on an evening during their 'down time'

Whilst you may want to keep in touch with your child, we often find that this can distract them from the experience and would only ask you to contact if **absolutely necessary**

We will keep parents informed via our facebook page and we will make sure plenty of pictures are taken (with student consent first) so memories of their time at Kingswood can be shared at a later date

**A reminder that Kingswood and Huntcliff cannot accept any liability for theft, loss or damage to student's personal property. Including mobile phones and other electronic devices.*



Sleeping Arrangements

Students will be placed in dormitories with beds and bunk beds.

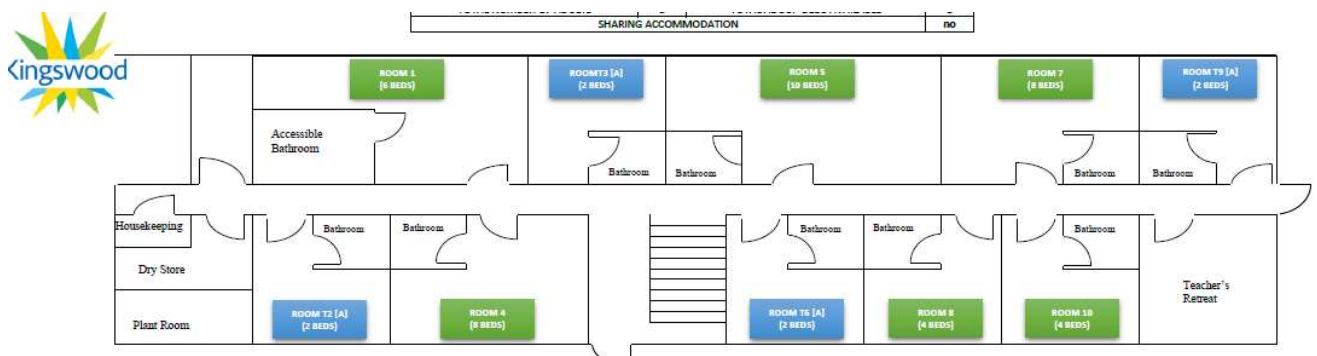
Rooms can hold between 4 and 8 students

These will be allocated before the day of departure

Students will be asked who they wish to share with and best efforts to place them with their preferred friendship groups. *(They must NOT swap rooms, this is for health & safety reasons, fire list and to make sure we can account for all students)*

Staff are placed in between student rooms to monitor and be available if needed. Kingswood night duty staff are also on hand if needed.

Activities usually end at 9pm. After a light refreshment, students will head back to dorms. Lights out no later than 10pm we have busy and early starts!



Example of rooms (Green students, blue Adult)

Frequently asked questions

What experience does Kingswood have in working with schools and groups?

Kingswood has been delivering high-quality residential education programmes to schools for over three decades. Our teams currently reach over 165,000 young people every year from UK and international schools and non-school groups. All instruction is given by our team of professionally qualified outdoor educators, supported by a strong centre management team. We constantly review our programmes so we can quickly respond to the changing needs of non-school groups and the educational needs of an ever changing curriculum.

Will children need additional pocket money?

All children's needs are catered for but every Kingswood centre does have a gift shop where children can buy postcards, limited refreshments, pencils and souvenirs so we recommend young people to bring £5-10 during their stay. You can also purchase souvenirs.

What are your accommodation arrangements like?

All of our dormitories are gender separated and sleep between 2 to 16 in bunk beds in each room. Sheets, duvets and pillows are provided. Some rooms are en-suite but there are always separate toilet and shower facilities for girls and boys close to dormitories.

Can parents telephone their children?

In special circumstances, of course. However, it has been our experience that parents phoning their children just to talk often makes the children's time away from home harder, rather than easier.

What care is available during the night?

Teachers and party leader rooms are located nearby to young people's dormitories so that they are never too far away in case care is needed. Every centre has a night duty team on call throughout the night.

What is included in the booking price?

Your booking price covers: fully supervised centre-based programmes and evening entertainment, comfortable accommodation and freshly prepared, healthy meals.

When is bedtime?

Our evening activities typically end around 9pm when students enjoy a refreshment before returning to their dorms. We suggest a lights-out policy of 10pm but this may vary depending on the age of the group and their teachers' preferences.

Can you arrange insurance?

All visitors to Kingswood are covered by our standard £5 million public liability insurance while on site. Some schools also prefer our additional comprehensive group travel insurance at £3 per individual. This covers children and party leaders from the time of booking your Kingswood visit to your return to school.

Will my child cope?

All Kingswood staff are trained to take responsibility for the well-being of the children who are in their care. We have found that the best way to help children cope with being away from home is to keep them busy. As such, we create a warm, supportive environment for students so they quickly feel at home. Our activities are progressive, allowing students to join in at whatever level they're comfortable with. For obvious reasons some activities are age restricted and/or subject to the correcting of equipment.

What about children with special needs?

Kingswood is committed to an inclusive approach and values the involvement of all young people. We can support special needs students with many of their requirements as long as teachers make us aware of them at the time of booking. We're happy to provide extra support to those who are used to taking part in activities with the rest of their classmates – but if we think it won't prove a positive experience for them, that it might prove overwhelming, or that we're not equipped to cope with a specific situation, we'll let you know.

What's the food like?

Our breakfast, lunch and dinner menus are all created to boost energy, with health in mind and meet government recommendations on nutrition. Menus vary day-to-day according to the season but there is always a choice of hot and cold dishes, vegetarian options and fresh salad bars, with meals served in communal dining areas. We're happy to cater for special faith or dietary requirements if we are informed well in advance. You can view a sample menu in this pack or online ahead of your child's trip.

Will our child mix with others from different schools or groups?

Our centres usually have several schools and groups staying at any one time, but children will all stay together throughout the day. The only time groups can meet is in the evenings as part of our Social Sundown unless participating in the Interaction module. Students from different schools never share the same dorms.

STUDENT FAQ's

- **Can we play music and sit in each others rooms?** – During downtime you may, music can be played quietly. You will be given warning when to return to your own room for lights out.
- **Do we have screen time?** Yes during your breaks and downtime. However, you will be busy so won't need your phones as much as you think!
- **Can we bring snacks?** Yes, but please do not each on the coach. Do not bring an excessive amount! There is a shop to buy snacks too. Energy drinks **NOT** allowed
- **What time is bed time?** Evening activities finish at 9pm, you get a light snack and lights out at 10pm.
- **How many people per room , can we pick?** Between 4-8. Dorms are min 4, some are 6 others 8. We will sort rooms soon and you will be asked who you want to share with. However, not following staff instructions or being noisy we will split you up and move you!
- **How long do we have for a shower?** You will be given plenty of time to get up, showered, dressed and breakfast. You will be told this on the day. I would suggest giving yourself an hour we will make sure you get up on time and have time to do what you need

* BREAKFAST *

- Cereals
- Sausage
- Vegetarian sausage
- Bacon
- Hash brown
- Scrambled egg
- Baked beans
- Yoghurt
- Fruit compote
- Toast
- Seasonal fresh fruit

ALLERGENS

Celery
 Crustaceans
 Eggs
 Fish
 Gluten
 Milk
 Mustard
 Sesame
 Soybeans
 Sulphites
 Wheat
 Vegetarian
 Vegan

*Please see food labels for allergens
**Vegan options are available

KINGSWOOD KITCHEN

LUNCH

- Shepherds beef pasta
- Hot dogs
- Cheese and onion pasta

All served with...
 Skinny fries
 Baked beans
 Freshly prepared salad*
 Soup of the day*

>> DINNER <<

Hunters chicken with bacon and cheddar cheese topped with a BBQ sauce

Crispy chicken nuggets

Crispy vegan nuggets

All served with...
 Herb diced potato
 Broccoli and carrots
 Freshly made salad available daily*

SPECIALS

Chicken Shack

Marinated chicken served with corn on the cob and smoky rice

Marinated Quorn escalope and corn on the cob served with smoky rice

Vegan options are available

DESSERT

Frozen strawberry yoghurt

* BREAKFAST *

- Cereals
- Sausage
- Vegetarian sausage
- Bacon
- Hash brown
- Scrambled egg
- Baked beans
- Yoghurt
- Fruit compote
- Toast
- Seasonal fresh fruit

ALLERGENS

Celery
 Crustaceans
 Eggs
 Fish
 Gluten
 Milk
 Mustard
 Sesame
 Soybeans
 Sulphites
 Wheat
 Vegetarian
 Vegan

*Please see food labels for allergens
**Vegan options are available

KINGSWOOD KITCHEN

LUNCH

Taco boats and wraps

filled with:

- Meatball bolognese
- Mixed bean
- BBQ chicken
- Tuna and sweetcorn

All served with...
 Herb diced potato
 Seasonal salad
 Soup of the day*

>> DINNER <<

Mac and cheese haddock fishcake

Southern fried chicken fillet

Skinny vegan burger

All served with...
 Jacket wedges
 Sliced carrots
 Garden peas
 Freshly made salad available daily*

SPECIALS

Korean

Sticky beef or sticky battered chicken served with vegetable rice

Vegan options are available

DESSERT

Ice cream

* BREAKFAST *

- Cereals
- Sausage
- Vegetarian sausage
- Bacon
- Hash brown
- Scrambled egg
- Baked beans
- Yoghurt
- Fruit compote
- Toast
- Seasonal fresh fruit

ALLERGENS

Celery
 Crustaceans
 Eggs
 Fish
 Gluten
 Milk
 Mustard
 Sesame
 Soybeans
 Sulphites
 Wheat
 Vegetarian
 Vegan

*Please see food labels for allergens
**Vegan options are available

KINGSWOOD KITCHEN

DELI STYLE LUNCH

A choice of fresh breads from soft white rolls to thick wholemeal subs, filled with a selection of our guests favourite fillings

All served with...
 Soup of the day*
 Freshly made salads*

>> DINNER <<

Homestyle beef lasagne

Traditional macaroni cheese

Mushroom pie

All served with...
 Sliced green beans
 Garden peas
 Freshly made salad available daily*

DESSERT

Sticky sponge and custard