

Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE BAKERY	WAFFLES	BUTTERED CRUMPET	CHEESE BAGEL	SYRUP PANCAKE	CHEESE ROLL
PLANT BASED	TOMATO & CHEESE MELT	BEAN AND CHEESE MELT	BEAN & HASH BROWN POT	TOMATO & CHEESE MELT	CHEESE & TOMATO MELT
HOT BREADS & SLICES	CHEESE TOASTIE	CROISSANT	FRENCH BREAD PIZZA	CHEESE & ONION TOASTIE	BUTTERED CRUMPET
THE CAKE SHOP	ICED FINGER BAKED JAM DOUGHNUT	ICED FINGER BAKED JAM DOUGHNUT	ICED FINGER BAKED JAM DOUGHNUT	ICED FINGER BAKED JAM DOUGHNUT	ICED FINGER BAKED JAM DOUGHNUT
ON THE SIDE	BEANS ON TOAST	BEANS ON TOAST	BEANS ON TOAST	BEANS ON TOAST	BEANS ON TOAST
SALADS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS



**Fresh
Fruit**



**Fresh
Smoothie**