

Lunch week 3

Weeks commencing – 22 Jan, 19 Feb, 11 Mar 2024

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------|---|---|--|--|--|
| MAIN MEAL | MEXICAN CHICKEN & RICE SERVED WITH SEASON VEG | MINCED BEEF LASAGNE SERVED WITH GARLIC BREAD AND SALAD | ROAST PORK WITH SEASONAL VEG, ROAST POTATOES AND GRAVY | CHICKEN MASALA CURRY WITH TUMERIC INFUSED RICE | BATTERED FISH WITH CHIPS, FANCY PEAS AND GRAVY |
| | ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY | | | | |
| PLANT BASED / VEGETARIAN | MEXICAN BEAN SALAD TORTILLA BOWL SERVED WITH SEASONAL VEG | VEGETARIAN MINCE LASAGNE SERVED WITH GARLIC BREAD AND SALAD | BROCCOLI AND CHEESE PASTA BAKE | SPINACH AND LENTIL CURRY WITH TUMERIC INFUSED RICE | MAC 'N' CHEESE WITH GARLIC BREAD |
| | ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY | | | | |
| STREET FOOD | CAJUN CHICKEN IN A FLATBREAD | SPICY CHICKEN WITH NAAN BREAD | TEX MEX CHICKEN TACO WITH ASIAN SLAW | ONION BHAJI WITH MINT YOGHURT | SOUTHERN FRIED CHICKEN AND WEDGES |
| TAKEAWAY TUBS | CHEESY POTATO WEDGES | VEGETABLE CHOW MEIN | SPRING ROLL WITH NOODLES | ROAST POTATOES AND GRAVY | CHEESY NACHOS |
| | PASTA & SAUCE | PASTA & SAUCE | PASTA & SAUCE | PASTA & SAUCE | PASTA & SAUCE |
| PIZZA SLICE | MARGHERITA / PEPPERONI PANINI SELECTION | CHEESY GARLIC BREAD HAM PIZZA PANINI SELECTION | MARGHERITA / PEPPERONI PANINI SELECTION | CHEESY GARLIC BREAD HAM PIZZA PANINI SELECTION | MARGHERITA / PEPPERONI PANINI SELECTION |
| JACKETS | TRY OUR DELICIOUS FILLINGS FOR 80p EACH | | | | |
| DESSERTS | STRAWBERRY CRUMBLE AND CUSTARD | WARM CHOCOLATE BROWNIE AND CUSTARD | APPLE CRUMBLE AND CUSTARD | VANILLA SPONGE AND CUSTARD | CHERRY CRUMBLE AND CUSTARD |

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.50

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day